

REPORT FROM THE PHYSICAL ACTIVITY COMMITTEE
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SUSPAC had its first meeting on Thursday 5th May at University of St.Andrews.

The primary items of business discussed:

- **Newsletter**– newsletter planned for SUS conference. Deadline for submission to SUS office 26th May.
- **Workshop** – Katie from *‘the nus Scotland & scottish universities sport healthy body healthy mind award’* came along to present and discuss the award scheme. Discussions were had on how effective the award has been, both Strathclyde and RGU presidents who have been working on this award over the past year were able to inform the committee about the benefits of the award and how they have included the award into their work schedule. Further discussions were had on the award scheme, at the moment there are 3 stages; bronze, silver, and gold. It was felt that the tiered system is a good idea however within each tier a ‘star’ system would be beneficial.
- **Dance Festival**– confirmed Sunday 6th November at Telford College, Edinburgh.
- **Activeage Festival** – confirmed Tuesday 23rd August RGU, activities to include aqua, climbing wall, circuits, sports, dance, mind & body, walks & Zumba for the finale.
- **Flyers** – all flyers currently on the website have to be updated.
- **SUS challenge** – to launch the sus challenge at conference there will be a quiz (institutions competing against each other) and presentation from disability sport. We would like each institution to donate a prize and SUS will produce a prize for the overall winner

SUS Executive is asked to consider the following:

Item	
	None at Present